



At Liberate Dance we believe in celebrating the freedom of movement
a wheelchair brings to people with disabilities.
A Winchester-based charity, we're a friendly, welcoming group, flexible and
adaptable to meet a range of needs.



STUDIO SESSIONS:

UNIT 12, WINNALL VALLEY ROAD, WINCHESTER, SO23 0LD

Youth (7-13 years) Saturdays 12.30-1.30pm

Young Adult (14-21 years) Saturdays 2-3pm

Adult (21+) Saturdays 3.30-4.30pm

ONLINE: ZOOM Wednesdays 7.30-8.30pm

**£3 PER
CLASS**

Block booking discount
options available

info@movemomentum.co.uk 01962 809234 www.movemomentum.co.uk

Move Momentum, Winchester, Hampshire - Registered Charity Number: 1189061