

Winchester based dance charity Move Momentum back in the studio for summer term

April 2021- Local Winchester dance charity [Move Momentum](#) is pleased to announce their classes will resume back in the studio from 21st April after a winter of virtual classes due to lockdown restrictions.

The Winnall and Stanmore Academy classes for [under 18s young people aged 11-16](#) will be restarting on the 21st April and Liberate wheelchair classes will be restarting on the 24th April.

The charity is also excited to announce that they'll be adding a brand new online wheelchair workout class to their schedule. The virtual exercise class will take place via Zoom on Monday evenings from 7:45pm-8:30pm. The first class will begin on the 19th April and is open to all ages. Please [click here](#) for more information and to book.

To encourage new starters to the Winnall and Stanmore Academies, Move Momentum is running a 'bring a friend' incentive. When existing students bring a friend to class, they will both receive [some](#) free Move Momentum merchandise and both will also receive an entry [to our prize draw](#) for the chance to win a £25 Restaurant Choice gift card.

Move Momentum has taken great care to ensure their classes are COVID-19 safe, enabling teachers and pupils to dance in a protected, socially distant environment.

Amanda Watkinson, Project Manager, Move Momentum says: "We're so excited to be back in the studio - it's an amazing feeling to open up our studio doors and welcome everyone back in person after being restricted to online classes for so long. We have available spaces in all of our classes so do get in touch if you'd like to join - we love to welcome new faces and you'll receive free merchandise and a chance to win a restaurant gift card if you bring a friend! See you all soon!"

The full class schedule can be found on the Move Momentum website
<https://www.movemomentum.co.uk/classes>

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For further information, please contact:

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