



Winchester based dance charity Move Momentum celebrate a summer of inclusive dance at their showcase

- **Move Momentum hosted their 2022 Summer Showcase on 18th June, celebrating the hard work and talent of all beneficiaries.**

July 2022 - Local Winchester dance charity [Move Momentum](#) hosted their 2022 Summer Showcase last month, celebrating a summer of inclusive dance.

The event, which included performances from over 22 performers, was sponsored by local property developer Gentian and was held at The University of Winchester on the 18th June 2022.

Highlights from the Summer Show include two innovative Street Dance performances from guest performers; Blue Apple Theatre, a crew style performance from Stanmore Academy, choreographed by Kerry Chamberlain and Ella Greenfield, as well as two group performances choreographed by the dancers themselves.

Liberate Dance, the wheelchair exclusive group of Move Momentum, also did a number of contemporary and commercial pieces.

Move Momentum staff members Amanda Watkinson, Kerry Chamberlain and Lizzie finished off the event with a finale dance piece.

The event had some great feedback from audience members:

"Thank you so much and genuine huge congratulations to absolutely everyone involved. You've really lived up to your company name today. We've honestly never seen such a fabulous live performance where there was so much integration. As we left my mum said "I can't stop smiling or I might start crying". It was just superb. So many happy faces, so much enjoyment, passion and real talent. A massive achievement." - **Academy Parent**

"What an amazing performance. I was so impressed. It was an honour and privilege to be in the audience today. You are doing an amazing job bringing inclusive dance to all." - **Trustee**

"It really was a lovely occasion and so great to be able to attend a show in person following all the Covid restrictions we've all been through. It looked like everyone taking part was really enjoying themselves which is great and it must have felt like a real sense of achievement to work on a project together and see it come to fruition." - **Gentian PA**

"We were really pleased to sponsor Move Momentum's Summer Show and hope everyone has had a lot of fun putting it together. As a local business with significant investment in Winchester being able to give back to the local community is really important to us. We hope everyone had a fantastic time."
Nick Ekins, Managing Director, Gentian Developments.

[ENDS]

For further information, please contact:

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Notes to editors

About Move Momentum

Move Momentum is a local dance charity based in Winchester, founded in 2016 by Louise Todino and started with their Academies. In 2018, Amanda Watkinson took on the role of Project Manager for Move Momentum, overseeing all the projects and developing the charity. Since then the charity has expanded to deliver classes for over 65's as part of their GEMS project and then most recently developed Liberate Dance, an exclusively wheelchair-based dance company, alongside Vickie Simmonds, a GB Para Hockey player.

Move Momentum provides dance classes that are accessible, inclusive and affordable for everyone. We support individuals' mental and physical well-being and focus on enriching their quality of life by creating accessible opportunities, encouraging self-expression and supporting individuality.