

# MOVE MOMENTUM

## Move Momentum gets into the festive spirit with Christmas Fair

- **Winchester based dance charity Move Momentum is to host its Christmas Fair on the 12th December 2021**
- **The free event will run from 11-3pm at Unit 12, Winnall Valley Road, SO23 0LD**

**November 2021** - Local Winchester dance charity [Move Momentum](#) will be running its FREE Christmas Fair in collaboration with Unit 12, an up and coming community & arts building, with a variety of versatile spaces.

The festive fair will run from 11-3pm on the 12th December 2021, and will host a Mini Christmas Market with a variety of stalls from local businesses, a Santa's Grotto, festive performances from the Move Momentum classes plus some guest performances, and lots of festive food and hot drinks.

Tickets for the Santa's Grotto will be priced at £3.50 and must be booked in advance via Eventbrite. Click [here](#) to secure your ticket!

Move Momentum invites local businesses to purchase a stall at the Mini Christmas Market. The stalls are priced at £15 each, and can be purchased by contacting [kerry@movemomentum.co.uk](mailto:kerry@movemomentum.co.uk).

**Amanda Watkinson, CEO, Move Momentum says:** "We're really looking forward to welcoming everyone to our Christmas Fair. It's been a strange, and at times difficult year, so we're really looking forward to getting everyone together to have some festive fun. We can't wait to welcome everyone to the free event and hope to see lots of you there!"

Since 2019, Move Momentum has provided accessible dance classes to three main groups:

1. Wheelchair users – Liberate classes are the only exclusively wheelchair-based dance classes in the UK
2. Young people – Academies have been created in two of Winchester's four council estates, providing classes to young people in the local area.
3. Over 65s – GEMS classes are held to support the older adult community.

[ENDS]

**For further information, please contact:**

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## **Notes to editors**

### **About `Move Momentum**

Move Momentum is a local dance charity based in Winchester, founded in 2016 by Louise Todino and started with their Academies. In 2018, Amanda Watkinson took on the role of Project Manager for Move Momentum, overseeing all the projects and developing the charity. Since then the charity has expanded to deliver classes for over 65's as part of their GEMS project and then most recently developed Liberate Dance, an exclusively wheelchair-based dance company, alongside Vickie Simmonds, a GB Para Hockey player.

Move Momentum provides dance classes that are accessible, inclusive and affordable for everyone. We support individuals' mental and physical well-being and focus on enriching their quality of life by creating accessible opportunities, encouraging self-expression and supporting individuality.